

ABCD DENTAL OFFICES

Central WA Pediatric Dentistry

109 N Pine St.
Ellensburg, WA 98926
(509) 933-2973

Dr. Smith is our ABCD Co-Champion!
Spanish Speakers on staff!

Creekside Dental

2601 Triple L Loop
Ellensburg, WA 98926
(509) 933-4800

Ellensburg Dental Care

521 East Mountain View Ave
Ellensburg, WA 98926
(509) 933-2400
Spanish Speakers on staff!

Little Big Kids Pediatric Dentistry

1206 N Dolarway Rd Suite 101
Ellensburg, WA 98926
(509) 968-5608

Spanish Speakers on staff!

Northwest Oral Health Outreach

1206 Dolarway Road Ste. 208
Ellensburg, WA 98926
(509) 925-7600

Dr. Davis is our ABCD Co-Champion!

More Info:

Kittitas County Public
Health Department

509-962-7515

507 N. Nanum St, Suite 102

Ellensburg, WA 98926

healthpromotion@kittitas.co.wa.us



Healthy teeth start
here

**ACCESS TO
BABY AND
CHILD
DENTISTRY**

Healthy Teeth at Home

First teeth are important!
Caring for baby teeth is key to healthy teeth for a lifetime.

Check your baby's teeth!
Lift the lips and check your child's teeth once a month. If you see white or brown spots call the dental office right away.

Start dental visits early!
Dental visits should start by the first birthday or first tooth, whichever comes first.

Good nutrition is important!
Limit sugary, sticky foods (including crackers). Try nutritious snacks like fresh fruit or cheese.

Clean your child's teeth twice daily!
Use a clean cloth or small soft toothbrush. Pay special attention to bedtime brushing.



Prevent baby bottle tooth decay!
If you must put your child to bed with a bottle, fill it only with tap water.

Use fluoride to make teeth strong!
Ask the doctor or dentist about fluoride supplements and treatments.

Who is eligible?

- Must be Medicaid (Apple Health) eligible.
- Age 5 and younger.
- Age 12 and younger with a Developmental Disabilities Administration (DDA) indicator.